

For employers & brokers ▾

For members ▾

Sign in

It's your time to live life to the fullest

Humana makes it easier with Go365 by Humana®—the well-being and rewards program included within your Humana Medicare plan.

Sign in to Go365 →



Feedback

New to Go365 by Humana? Set up your account to get started.

Activate account →

For Medicare Advantage members

Because supporting your physical, social and emotional well-being at this time in your life is an essential part of human care, Humana includes Go365® in your health plan at no additional cost.

Watch Intro to Go365



Be active and engaged

No matter what you like to do—and can do—Go365 encourages healthy activities that keep you moving, learning, socially engaged and young at heart.

How to use Go365 →



Earn rewards

Go365 celebrates your accomplishments by rewarding you for completing eligible activities. Earn and redeem rewards in the Go365 Mall for gift cards you can use for groceries, gas or just for fun.

[Go365 activities and rewards →](#)



Work toward results you can see and feel

Go365 leads you to healthy actions that may help you on your health journey by providing daily tools to track your progress and offering guidance and support to help you reach your goals.



It's easy to get started



[Activate your account →](#)



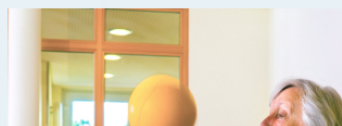
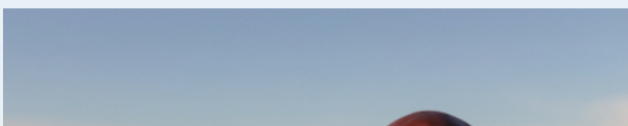
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Spotlight articles

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[Balance exercises for seniors to help improve stability](#)



[Seated and standing chair exercises for seniors](#)



[How online therapy apps can help with stress](#)

Rewards have no cash value and can only be redeemed in the Go365 Mall. Programs vary. Please see your program details for specific rules.

Medicare members must earn and redeem their rewards within the same program year. Be sure to activate your reward before Dec. 31st. Rewards not redeemed before Dec. 31st will be forfeited. And, in accordance with our federal contract with Medicare, no amount of gift cards can be used for Medicare covered services, prescriptions or supplies or redeemed for cash.

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In Kansas, Humana agents and sales representatives are prohibited from conducting pre-sale conversations with clients regarding Go365, EAP or other value-added services.

This website is intended to provide information to Go365 customers about their wellness and about the products and services associated with the wellness program. Information contained in this site is general in nature. It is not meant to replace or be used in addition to the advice of healthcare professionals. If you have specific healthcare or financial needs, or for complete information, please see a medical or financial professional.

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